November (Order 10/11-10/21)

ASPEN ACADEMY

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2nd	**3rd**	**4th**	**5th**	**6th**
Breakfast Goody Bun 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Yogurt Fruit Smoothie & Berry Apple Crispie Bar** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Apple Muffin** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Pumpkin Bread Slice** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Chocolate Cake Donut** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)
9th	**10th**	**11th**	**12th**	**13th**
Sliced Bagel w/ Strawberry Cream Cheese 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Apple Cinnamon Brekkie** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Dunkin Stix** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Honey Breakfast Bun** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**NO SCHOOL** **NO MEALS SERVED**
16th	**17th**	**18th**	**19th**	**20th**
Banana Choc Chip Benefit Bar 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Yogurt Fruit Smoothie & Berry Apple Crispie Bar** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Chocolate Chip Muffin** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Banana Bread Slice** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)	**Cinnamon Roll** 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)
23rd	**24th**	**25th**	**26th**	**27th**
NO SCHOOL **NO MEALS SERVED**	**NO SCHOOL** **NO MEALS SERVED**	**NO SCHOOL** **NO MEALS SERVED**	**NO SCHOOL** **NO MEALS SERVED**	**NO SCHOOL** **NO MEALS SERVED**
30th				
Sliced Bagel w/ Strawberry Cream Cheese 100% Fruit Juice Choice of Milk Second Fruit Offering (Will Vary)				**Second Fruit Offering Examples:** Craisins Applesauce Assorted Fruit Cup Fresh Fruit (when available)

MILK VARIETY SERVED AT EVERY MEAL, 1%, Chocolate, Lactose free

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact lunchprogram@aspenacademymn.org 952-226-5940 ext. 8187