

	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Kindergarten	Spatial Awareness <i>general space use</i> <i>Self Space</i>	Game Play <i>Using games to move in</i> <i>Using spatial sense to move</i> <i>safely</i> Jump Roping <i>Beginning Skills</i>	Body Awareness <i>Concepts</i> <i>Spacial sense</i>	Technology in the Classroom <i>Dance Dance Revolution</i>
First Grade	Spatial Awareness <i>Sense of self</i> <i>Body in space</i> Fitness Testing	Game Play <i>Fleeing a chaser</i> <i>Using spatial awareness</i> Jump Roping <i>Beginning Skills</i> <i>Partner jumping</i>	Body Awareness <i>Beginning tumbling skills</i>	Technology in the Classroom <i>Dance Dance Revolution</i> <i>Workout videos</i>
Second Grade	Spatial Awareness <i>small group activities</i> Fitness Testing	Game Play <i>dodging stationary items</i> <i>dodging semi-stationary</i> <i>items</i> Jump Roping <i>Intermediate skills</i>	Body Awareness <i>Understanding body concepts</i> <i>Balancing</i>	Technology in the Classroom <i>Dance Dance Revolution</i> <i>Workout videos</i>

	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Third Grade	Spatial Awareness <i>partner activities</i>	Game Play <i>Fleeing a chaser</i> <i>Chasing in large groups</i>	Body Awareness <i>tumbling</i> <i>Understanding body muscles</i> <i>and bones</i>	Technology in the Classroom <i>Dance Dance Revolution</i> <i>Workout videos</i>
	Fitness Testing	Jump Roping <i>Intermediate skills</i> <i>Partner jumping</i>		Circuit Training
Fourth Grade	Spatial Awareness <i>large group</i> <i>team building</i>	Game Play <i>Fleeing a chaser</i> <i>chasing in invasion games</i>	Body Awareness <i>Tumbling routines</i> <i>balancing on objects</i>	Technology in the Classroom <i>Dance Dance Revolution</i> <i>Workout videos</i>
	Fitness Testing	Jump Roping <i>Advanced jump rope skills</i>		Circuit Training
Fifth Grade	Spatial Awareness <i>team building</i> <i>partner activities</i>	Game Play <i>chasing and dodging</i> <i>simultaneously</i>	Body Awareness <i>extended tumbling routines</i> <i>Intermediate tumbling skills</i>	Technology in the Classroom <i>Dance Dance Revolution</i> <i>Workout videos</i>
	Fitness Testing	Jump Roping <i>continuous use of skills</i>		Strength / Circuit Training

last edited October 15, 2013

JANUARY	FEBRUARY	MARCH	APRIL	MAY & JUNE
Throwing <i>Basic Skills</i>	Striking <i>Items in the air</i> <i>Using your body safely</i>	Striking	Cupstacking <i>Beginning skills</i>	Tininkling <i>Basic Moves</i>
Kicking <i>Basic Skills</i>	Bouncing <i>Using a ball</i> <i>Catching balls</i>	Bouncing		Review <i>Main themes and ideas</i>
Throwing <i>overhand and underhand</i> <i>different target levels</i>	Striking <i>hitting a ball</i>	Striking <i>long handled implement</i>	Cupstacking <i>coordination</i>	Tininkling <i>Review basic moves</i> <i>Beginning expanded steps</i>
Catching <i>different target levels</i>	Dribbling <i>Up and down continuously</i>	Dribbling <i>up and down continuously</i>		Review <i>Main themes and ideas</i>
Kicking	<i>Different heights</i>	<i>Different heights</i>		
Throwing <i>different kinds of objects</i>	Striking <i>hitting to large targets</i>	Striking <i>long handled implement</i>	Cupstacking <i>fitness stacking</i>	Tininkling <i>expanded steps</i>
Catching <i>working with a partner</i>	Dribbling	Dribbling		Review
Kicking <i>going for distance</i>	<i>looking where you are going</i> <i>moving with the ball</i>	<i>looking and moving</i>		<i>Main themes and ideas</i>

JANUARY	FEBRUARY	MARCH	APRIL	MAY & JUNE
Throwing <i>distance</i> <i>throwing and catching</i>	Volleying <i>using hand and foot</i>	Striking <i>long handled implement</i> <i>to a partner</i>	Cupstacking <i>game situations</i>	Tininkling <i>performance</i>
Kicking <i>to a partner</i>	Dribbling <i>changing speed</i>	Dribbling <i>changing speed</i>		Review <i>Main themes and ideas</i>
Throwing and Catching <i>accuracy</i> <i>traveling</i>	Striking <i>different levels and force</i> <i>changing body position</i>	Striking <i>long handled implement</i> <i>distances</i>	Cupstacking <i>speed</i>	Tininkling <i>performance</i>
Kicking <i>rolling ball</i> <i>stationary positions</i>	Dribbling <i>mirroring and matching</i>	<i>changing paths</i>		Dance <i>beginning call dances</i>
				Review <i>Main themes and ideas</i>
Throwing and Catching <i>quickly to target/partner</i> <i>multiple objects</i>	Striking <i>one bounce</i> <i>over a line</i>	Dribbling <i>against an opponent</i> <i>group vs one on one</i>	Cupstacking <i>advanced skills</i> <i>as a team</i>	Tininkling <i>performance</i>
Kicking <i>to a partner from angles</i> <i>small targets</i>	Dribbling <i>against an opponent</i> <i>group vs one on one</i>	Striking <i>long handled implement</i> <i>distance and small target</i>		Dance <i>second level call dances</i>
				Review <i>Main themes and ideas</i>