

2022-2023 Safe Learning Plan



ASPEN
ACADEMY

2022-23 Aspen Academy Safe Learning Plan

Aspen Families,

Thank you for your outstanding patience and support the past couple of years as we navigated all the ups and downs during COVID-19. We are thankful for our Aspen family!

Due to the availability of the testing kits and vaccinations, we are planning to return to without any restrictions for the 2022/2023 school year.

We will continue to follow all Minnesota Department of Health (MDH), Centers for Disease Control (CDC), and the Minnesota Department of Education (MDE) guidelines. In the event there are any updated recommendations, we will hold a stakeholders' meeting for ideas, suggestions, and feedback for the updated safety plan design.

If anything would change, we will continue to communicate to all of our families.

Thank you for your continued partnership,

Melanie Jiskra, Director/Principal



Communication

- Email is our main method of communication - Please make sure we have an accurate email address on file.
- If there would be any COVID-19 related updates they will be in our weekly newsletter.

Masks

- There will be no masking requirement.
- Students and staff are always welcome to wear one if they have symptoms or if that is your family's preference.

Health and Safety

COVID-19 affects different people in different ways:

- Infected people have a wide range of symptoms—from mild to severe.
- Parents will be the fundamental part of the student screening process.
- If a child is sick, students must stay home.
- If your child becomes COVID-19 positive, please contact the health office for further instruction. Email: maureen.stevenson@aspennacademymn.org.

Symptoms (Possibly appearing 2-14 days after exposure)

Fever/chills

Shortness of breath

Body aches

New loss of taste or smell

Congestion/Runny nose

Diarrhea

New or worsening cough

Fatigue

Headache

Sore throat

Nausea/Vomiting

How can parents and students help?

- Parents/Guardians when your scholar is absent, please email:
 1. attendance@aspenacademymn.org - Please list the reason for absence. If your scholar is sick, please mention specific symptoms.
 2. Please CC the Health Office: maureen.stevenson@aspenacademymn.org
 3. Please CC your scholar's teacher/middle school advisor
- Students found to be ill at school will be screened according to the most current MDH Guidelines.
- Parents will be contacted. It is absolutely imperative that your phone numbers are up-to-date as well as the emergency contact phone numbers.
- Please have a BACK UP PLAN in the event your student needs to be sent home.

Travel

International Travel

- Students and staff who travel outside of the United States must follow CDC quarantine guidance

Travel within the United States

- Please check on CDC website and MN Department of Health for Current Information.
 - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

Social Emotional/Mental Health Support

- The mental health of Aspen students and staff has been a priority of our school and will continue to be a top priority.
- Staff will continue to receive training and resources to assist our students.
- Our district social worker, school counselor and mental health practitioner will coordinate the necessary supports.

Thank you families!



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