



Week of October 30 - December 8

Fall/Winter 2023

Registration Due: October 27, 2023

Activity Descriptions and Registration Forms

Please contact Ms. Berndt at mandi.berndt@aspenacademymn.org with any questions.

Basketball Basics - Elementary

****Please use the Elementary Basketball registration form****

Instructor: Mr. Noah Jiskra and Mr. Zach Jiskra

Grades: K-4

Dates and Times: Grades K-1 on Tuesdays from 4:15-5:00; Grades 2-4 on Thursdays, from 4:15-5:00

Meetings Dates: Tuesdays Group (K-1): Oct 31, Nov 7, Nov 14, Nov 28, Dec 5

Thursday Group (2-4): Nov 2, Nov 9, Nov 16, Nov 30, Dec 7

Location: Gym

Description: Teaching students the basics of basketball, Dribbling, Shooting, Passing and some defense. We are going to build a solid foundation for your future WNBA/NBA star. **There is a maximum enrollment of 35 students for each day.**

Minimum/Maximum: 15/25

Cost per meeting: \$12.00

5 meetings

Cost: \$60

Crocheting & Knitting Club

Class ID: #1002

Instructor: Ms. Berndt

Grades: 3rd-8th

Dates and Times: Tuesdays from 4:15-5:00; Oct 31, Nov 7, Nov 14, Nov 28, Dec 5

Location: Room 104

Description: Whether you are an experienced crocheter and/or knitter, a beginner, or you've never tried it before you can join the club! What will you do in this club? You'll begin by choosing whether or not you want to try knitting or crocheting, pick a project to work on, select your yarn, and begin. Possible projects include scarves, mittens, socks, a vest, shirt, bag, coaster, AirPods holder, and nearly anything else you can think of!

Minimum/Maximum: 3/15

Cost per meeting: \$12

5 meetings

Total cost: \$60

Book Club

Class ID: #1003

Instructor: Ms. Berndt

Grades: 2-8 **(Check which days your grade level will meet)**

Dates and Times: Mondays (Grades 2-3) from 4:15-5:00; Oct 30, Nov 6, Nov 13, Nov 27, Dec 4
Wednesdays (Grades 4-5) from 4:15-5:00; Nov 1, Nov 8, Nov 15, Nov 29, Dec 6
Thursdays (Grades 6-8) from 4:15-5:00; Nov 2, Nov 9, Nov 16, Nov 30, Dec 7
Location: Room 104

Description: The Book Club Mission Statement is to expand members' personal literary experience by reading and discussing works chosen by the students in a friendly and open atmosphere. The club provides a safe and welcoming environment for students to develop a lifelong interest in and appreciation for reading and learning.

Minimum: 4/10
Cost per meeting: \$12
5 meetings
Total cost: \$60

Flag Football

Class ID: #1004
Instructor: Mr. Miller
Grades 3rd - 6th
Dates and Times: Mondays (Grades 3-6) from 4:15-5:15; Oct 30, Nov 6, Nov 13, Nov 27, Dec 4
Location: Gym

Description: Our flag football program is designed to introduce students to the fundamentals of football while promoting teamwork, sportsmanship, and physical fitness. We focus on teaching the basics of the game, including passing, catching, flag pulling, and understanding the rules of play. Whether your child is new to the sport or has some experience, our program caters to all skill levels.

Students will need:

- Comfortable athletic clothing and sneakers or cleats
- A labeled water bottle
- Positive energy and a willingness to learn and have fun

Minimum: 4/25
Cost per meeting: \$12
5 meetings
Total Cost: \$60

International Club

Class ID: #1005
Instructor: Ms. Berndt
Grades: 5th-8th
Dates and Times: Fridays 4:15-5:00; Nov 3, Nov 17, Dec 1, Dec 8, Dec 15
Location: Room 104

Description:
The International Club provides students exposure to cultures, customs, languages, foods, and traditions of the world. Students will develop an appreciation of global culture by working together, and exposure to diverse experiences. Aspen Academy has an ethnically diverse student population and this club promotes a better understanding and acceptance of each other's differences. Students within the club participate in activities such as holiday celebrations, ethnic food making, planning and setting up of a cultural night, and field trips. Some examples of places to visit include but are not limited to: Alliance Francaise, Russian Cultural Center, Germanic American Institute, and Somali Museum of Minnesota.

Minimum/Maximum: 5/25
Cost per meeting: \$12

5 meetings
Total cost: \$60

Chess Club!

Class ID: #1006
Instructor: Liliya Tsibulko
Grades 3-8
Dates: Thursdays 4:15-5:15; Nov 2, Nov 9, Nov 16, Nov 30, Dec 7
Location: Media Center

Description: Chess Club is designed to give students an opportunity to learn the game of chess, improve their chess skills, and to enjoy challenging their peers, while experiencing healthy competition and team spirit.

Minimum/Maximum: 2/16
Cost per meeting: \$12
5 meetings
Total Cost: \$60

Sign Safari - ASL Beginners Club

Class ID #1007
Instructor: Lydia Cedarberg
Grades: 3-8
Dates: Mondays 4:15-5:00; Oct 30, Nov 6, Nov 13, Nov 20, Nov 27
Location: Media Center

Description: Are you ready to embark on a thrilling journey into the mesmerizing world of American Sign Language (ASL)? Join our ASL club designed especially for beginners who are eager to dive into the enchanting realm of visual communication. In five weeks, our goals are to learn / continue learning the alphabet, numbers, family signs, colors, animals, foods, and so much more..... BUT our biggest goal will be learning to sign the National Anthem.

Minimum/Maximum: 1/15
Cost per meeting: \$12
5 meetings
Total Cost: \$60

Fun With Games!

Class ID: #1008
Instructor: Ms. Kathie
Grades: 3rd - 8th grades
Dates and Times: Tuesdays 4:15-5:15; Oct 31, Nov 7, Nov 14, Nov 28, Dec 5
Room: 151

Description:
Spend an hour a week playing card and board games with other kids! Bring a game you love or learn a new one! Table-top games teach problem solving, critical thinking, and develop social-emotional skills (cooperation, sportsmanship, taking turns, and manners).

Minimum/Maximum: 2/10
Cost per meeting: \$12
Five meetings
Total cost: \$60

Lego Club

Class ID: #1010

Instructor: Emily Skahen

Grades: K-5th

Dates and Times: Wednesdays 4:15-5:00; Nov 1, Nov 8, Nov 15, Nov 29, Dec 6

Room: 150

Description: Come Build with us! Builders will have free choice lego building where they work together or individually. Lego sets will occasionally be brought in to build as a group. Lego creations will be saved week to week, and on the last club day, photos will be taken with students and their creations.

Minimum/Maximum: 1/25

Cost per meeting: \$12

Five meetings

Total cost: \$60

Art Club

Class ID: #1011

Instructor: Emily Skahen

Grades: K-5th

Dates and Times: Thursdays 4:15-5:00; Nov 2, Nov 9, Nov 16, Nov 30, Dec 7

Room: 150

Description: Drawing, painting, collage, and sculpture will all be explored. New projects will be enjoyed weekly, with students taking their creations home each Art Club session. Come explore with us!

Minimum/Maximum: 1/25

Cost per meeting: \$12

Five meetings

Total cost: \$60

TCG Club

Class ID: #1012

Instructor: Mr. Pitschneider

Grades: 5-8

Dates and Times: Wednesdays 4:15-5:15; Nov 1, Nov 8, Nov 15, Nov 29, Dec 6

Room: 16

Description: Are you interested in learning any trading card games like Pokémon or Magic: the Gathering, and connecting with other students within the hobby? Join TCG Club on Wednesdays from 4:15-5:15pm!

Minimum/Maximum: 1/25

Cost per meeting: \$12

Five meetings

Total Cost: \$60

Futsal

Class ID: 1013

Instructor: Mr. Poole

Grades: K-8

Dates and Times: Grades K-4 on Tuesdays from 4:15-5:00; Grades 5-8 on Thursdays, from 4:15-5:00

Meetings Dates: Tuesdays Group (K-4): Oct 31, Nov 7, Nov 14, Nov 28, Dec 5

Thursday Group (5-8): Nov 2, Nov 9, Nov 16, Nov 30, Dec 7

Location: Gym

Description: Futsal is basically soccer played on a hard surface. The players use a ball that does not bounce as much as a regular soccer ball. This helps players learn better ball control and work on their technique. Players will work on various drills and get plenty of opportunities to scrimmage with their peers.

Minimum/Maximum: 6/25

Cost per meeting: \$12.00

5 meetings

Cost: \$60

Drawing Club

Class ID: 1014

Instructor: Ms. McElroy

Grades: 3-5

Dates and Times: Tuesdays from 4:15-5:15: Oct 31, Nov 7, Nov 14, Nov 28, Dec 5

Location: 157

Description: Drawing club is a great way for students to be able to let their creative side out. In Drawing Club we will have step-by-step tutorials each week. The act of drawing is proven to strengthen concentration, improve problem solving skills, and build on fine motor skills...Drawing is also know for its calming aspects and can help reduce stress and anxiety. This is a great opportunity for students to make new friends who share a common interest of drawing. I hope you see you there! -Ms. McElroy

Minimum/Maximum: 1/25

Cost per meeting: \$12

5 meetings

Cost: \$60

Soccer

Class ID: 1015

Instructor: Mr. Miller

Grades: K-2

Dates and Times: Wednesdays from 4:15-5:00: Nov 1, Nov 8, Nov 15, Nov 29, Dec 6

Location: Gym

Description: Learn to play soccer with Mr. Miller!

Minimum/Maximum: 8/25

Cost per meeting: \$12

5 meetings

Cost: \$60

AAA Registration Form



Parent/Guardian Contact:

Name: _____

Home phone number: _____ Cell phone number: _____

Alternate emergency contact _____

Email for parent in case of emergency class cancellation: _____

Class Participant Information:

Participant Name: _____ Grade: _____

Course Name: _____ Class ID: _____ Cost: _____

Participant Name: _____ Grade: _____

Course Name: _____ Class ID: _____ Cost: _____

Participant Name: _____ Grade: _____

Course Name: _____ Class ID: _____ Cost: _____

Participant Name: _____ Grade: _____

Course Name: _____ Class ID: _____ Cost: _____

Participant Name: _____ Grade: _____

Course Name: _____ Class ID: _____ Cost: _____

Total cost \$ _____

Please make checks payable to: Aspen Academy

AAA Contact: mandi.berndt@aspenacademymn.org

Missed sessions are non-refundable if absent.



Elementary Afterschool Basketball Registration

Thank you for your interest in Basketball Basics and Pre-Team. Students in grades K-1 will learn and practice basic skills such as dribbling, passing, and shooting in a fun, developmentally appropriate manner. Students in grades 2-4 will learn and practice skills necessary to prepare them for a scrimmage at the end of the session.

Please complete a registration form for each child and return to the office. Registration closes on **October 27th, 2023**. Payment is due at the time of registration. *Missed sessions are non-refundable if absent.*

Child's Name: _____

Grade: (circle one) K 1 2 3 4

Gender: (circle one) M F

Address, City, Zip: _____

Basketball Experience: _____

Parent/Guardian Name: _____

Email Address: _____

Primary Phone: _____ Secondary Phone: _____

Emergency Contact: _____ Phone: _____

Family Doctor/Clinic: _____ Phone: _____

Hospital in case of emergency: _____ City: _____

Medical Conditions: _____

Please select the appropriate class for your child:

Check one	Practice Day	Grade Level	Practice Dates	Time	Cost
_____	Tuesday	K-1	Oct 31, Nov 7, Nov 14, Nov 28, Dec 5	4:15-5:00 pm	\$60
_____	Thursday	2-4	Nov 2, Nov 9, Nov 16, Nov 30, Dec 7	4:15-5:00 pm	\$60

Please make checks made payable to Aspen Academy

Office Use Only

Amount Paid _____ Date: _____ Received by: _____