

October (order 9/11-9/20)



Traditional Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1st	2nd	3rd	4th
	<p><u>BBQ Beef Meatballs</u> Mashed Potatoes Fruit Cocktail Birthday Cake Grahams</p>	<p><u>Sesame Asian Chow Mein Bowl</u> Whole Grain Chow Mein Noodles Asian Sesame Chicken Cucumbers & Dip Banana</p>	<p><u>Chicken Patty Sandwich</u> Whole Grain Bun Baked Beans Celery & Dip Oranges Ketchup</p>	<p><u>Cheese Pizza Quesadilla</u> Mixed Salad & Dressing Apple Slices</p> <p><i>*Vegetarian is the Same</i></p>
7th	8th	9th	10th	11th
<p><u>Chef's Texas Cheeseburger</u> Whole Grain Bun American Cheese Corn Cinnamon Apples Ranch Crackers</p>	<p><u>Sweet & Sour Chicken</u> Brown Rice Celery, Carrots & Dip Fruit Cocktail</p>	<p><u>All Beef Hot Dog</u> Whole Grain Bun Baked Beans Banana Vanilla Wafers Ketchup</p>	<p><u>Brunch Lunch</u> Mini Waffles & Syrup Yogurt Baby Carrots & Dip Oranges</p> <p><i>*Vegetarian is the Same</i></p>	<p><u>Pizza Hand Pie</u> Mixed Greens & Dressing Apple Slices</p> <p><i>*Vegetarian is the Same</i></p>
14th	15th	16th	17th	18th
<p><u>Soft Shell Beef Taco</u> Whole Grain Tortilla Seasoned Beef Shredded Lettuce, Cheese, Crema Corn Apple Slices</p>	<p><u>EARLY RELEASE</u> NO LUNCH SERVED</p>	<p><u>NO SCHOOL</u> NO MEALS SERVED</p>	<p><u>NO SCHOOL</u> NO MEALS SERVED</p>	<p><u>NO SCHOOL</u> NO MEALS SERVED</p>
21st	22nd	23rd	24th	25th
<p><u>Chicken Crunch Wrap</u> Whole Grain Tortilla & Chicken Tenders Shredded Cheese & Boom Sauce Baby Carrots Cinnamon Apples</p>	<p><u>Cheesy Beef Sloppy Joe</u> Whole Grain Bun Baked Beans Celery Sticks Fruit Cocktail</p>	<p><u>Mandarin Orange Chicken</u> Seasoned Rice Sliced Cucumbers & Dip Banana</p>	<p><u>Italiano Rosy Alfredo Chicken Pasta</u> Whole Grain Penne Rosa Grilled Chicken Mixed Green Salad & Dressing Oranges</p>	<p><u>Brunch Lunch</u> French Toast Sticks & Syrup Hash Brown Patties w/Ketchup Baby Carrots Apple Slices</p> <p><i>*Vegetarian is the Same</i></p>
28th	29th	30th	31st	
<p><u>Juicy Ranchola Drumstick</u> Baby Carrots Cinnamon Apples French Toast Grahams</p>	<p><u>Chicken Cheddar Nachos</u> Chicken & Melted Cheese on Corn Chips Pinto Beans Celery Sticks Fruit Cocktail</p>	<p><u>Beef Cheeseburger</u> Whole Grain Bun American Cheese Cucumbers & Dip Banana Ketchup</p>	<p><u>Chicken Corn Dog</u> Potato Stix with Ketchup Oranges</p>	

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact

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