

# October (order 9/11-9/20)



# Vegetarian Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
	<u><b>Garden Veggie Burger</b></u> Mashed Potatoes Fruit Cocktail	<u><b>French Bread Pizza</b></u> Cucumbers & Dip Banana	<u><b>Grilled Cheese Sandwich</b></u> Baked Beans Celery & Dip Oranges	<u><b>Cheese Pizza Quesadilla</b></u> Mixed Salad & Dressing Apple Slices  <i>*Traditional is the Same</i>
<b>7th</b>	<b>8th</b>	<b>9th</b>	<b>10th</b>	<b>11th</b>
<u><b>Vegetarian Croissant Sandwich</b></u> Corn Cinnamon Apples	<u><b>Pizza Crunchers</b></u> Fruit Cocktail Celery, Carrots & Dip	<u><b>Cheese Hot Pocket w/Dipping Sauce</b></u> Baked Beans Banana	<u><b>Brunch Lunch</b></u> Mini Waffles & Syrup Yogurt Baby Carrots & Dip Oranges  <i>*Traditional is the Same</i>	<u><b>Pizza Hand Pie</b></u> Mixed Greens & Dressing Apple Slices  <i>*Traditional is the Same</i>
<b>14th</b>	<b>15th</b>	<b>16th</b>	<b>17th</b>	<b>18th</b>
<u><b>Bean &amp; Cheese Burrito</b></u> Corn Apple Slices	<b>EARLY RELEASE</b> <b>NO LUNCH SERVED</b>	<b>NO SCHOOL</b> <b>NO MEALS SERVED</b>	<b>NO SCHOOL</b> <b>NO MEALS SERVED</b>	<b>NO SCHOOL</b> <b>NO MEALS SERVED</b>
<b>21st</b>	<b>22nd</b>	<b>23rd</b>	<b>24th</b>	<b>25th</b>
<u><b>Fluffy Omelet &amp; Pancakes w/Syrup</b></u> Baby Carrots Cinnamon Apples	<u><b>Cheesy Quesadilla</b></u> Fruit Cocktail Baked Beans Celery Sticks	<u><b>French Bread Pizza</b></u> Sliced Cucumbers & Dip Banana	<u><b>Stuffed Rigatoni</b></u> Mixed Green Salad & Dressing Oranges	<u><b>Brunch Lunch</b></u> French Toast Sticks & Syrup Hash Brown Patties w/Ketchup Baby Carrots Apple Slices  <i>*Vegetarian is the Same</i>
<b>28th</b>	<b>29th</b>	<b>30th</b>	<b>31st</b>	
<u><b>Cheesy Pull-Aparts</b></u> Baby Carrots Cinnamon Apples	<u><b>Garden Burger w/Ketchup</b></u> Pinto Beans Celery Fruit Cocktail	<u><b>Creamy Mac &amp; Cheese</b></u> Cucumbers & Dip Banana	<u><b>Cheese Calzone</b></u> Potato Stix with Ketchup Oranges	

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried.

**Menu Subject To Change**

This institution is an equal opportunity provider

For lunch questions contact

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