

November (order 10/11-10/20)



Vegetarian Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1st
				<u>Twisted Cheese Breadsticks</u> Broccoli & Ranch Apple Slices Red Sauce for Dipping *Traditional is the Same
4th	5th	6th	7th	8th
<u>Omelet & Pancakes w/Syrup</u> Steamed Peas & Carrots Cinnamon Apples	<u>Bean & Cheese Pupusa</u> Fruit Cocktail Cheesy Refried Beans	<u>Mac & Cheese</u> Mixed Salad & Dressing Banana Strawberry Grahams *Traditional is the Same	<u>French Bread Pizza</u> Oranges Broccoli, Carrots, & Dip	NO SCHOOL NO MEALS SERVED
11th	12th	13th	14th	15th
<u>Twisted Cheese Breadsticks</u> Baby Carrots & Dip Cinnamon Apples	<u>Veggie Burger</u> Mashed Potatoes Fruit Cocktail Ketchup	<u>French Bread Pizza</u> Cucumbers & Dip Banana	<u>Grilled Cheese Sandwich</u> Whole Grain Bun Baked Beans Celery & Dip Oranges Ketchup	<u>Cheese Pizza Quesadilla</u> Mixed Salad & Dressing Apple Slices *Traditional is the Same
18th	19th	20th	21st	22nd
<u>Grilled Cheese Croissant</u> Seasoned Corn Cinnamon Apples	<u>Pizza Crunchers</u> Fruit Cocktail Celery, Carrots, & Dip Fruit Cocktail	<u>Cheese Hot Pocket w/Dipping Sauce</u> Baked Beans Banana	<u>Brunch Lunch</u> Mini Waffles & Syrup Yogurt Baby Carrots & Dip Oranges *Traditional is the Same	<u>Pizza Hand Pie</u> Mixed Salad & Dressing Apple Slices *Traditional is the Same
25th	26th	27th	28th	29th
<u>Bean & Cheese Burrito</u> Steamed Corn Cinnamon Apples	<u>Pizza Crunchers</u> Celery, Carrots, & Dip Fruit Cocktail	NO SCHOOL NO MEALS SERVED	NO SCHOOL NO MEALS SERVED	NO SCHOOL NO MEALS SERVED

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact

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