

February (order 1/11-1/20)



Allergen Free Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3rd	4th	5th	6th	7th
<u>Chicken Fried Rice</u> Steamed Broccoli Fruit of the Day	<u>Beef & Broccoli</u> Brown Rice Steamed Corn Fruit of the Day	<u>Chicken Fajita w/Rice</u> Seasoned Chicken & Peppers Brown Rice Black Beans Fruit of the Day	<u>Beef Meatballs</u> Brown Rice Steamed Carrots & Peas Fruit of the Day	<u>Chicken & Potatoes</u> Steamed Rice Carrots Fruit of the Day
10th	11th	12th	13th	14th
<u>Beef Scallion</u> Golden Corn Chips Black Beans & Fresh Carrots Fruit of the Day	<u>Chicken Sukkhar</u> Steamed Rice Steamed Green Beans Fruit of the Day	<u>Beef Fried Rice</u> Fresh Broccoli Fruit of the Day	EARLY RELEASE NO LUNCH SERVED	NO SCHOOL NO MEALS SERVED
17th	18th	19th	20th	21st
NO SCHOOL NO MEALS SERVED	<u>Beef Nachos</u> Taco Beef & Corn Chips Black Bean & Corn Fruit of the Day	<u>Marinated Grilled Chicken Fillet</u> Brown Rice Carrots Fruit of the Day	<u>Chicken Pilaf</u> Fresh Broccoli Fruit of the Day	<u>Beef & Potatoes</u> Steamed Rice Steamed Peas Fruit of the Day
24th	25th	26th	27th	28th
<u>Chicken Fried Rice</u> Steamed Broccoli Fruit of the Day	<u>Beef & Broccoli</u> Brown Rice Steamed Corn Fruit of the Day	<u>Chicken Fajita w/Rice</u> Seasoned Chicken & Peppers Brown Rice Black Beans Fruit of the Day	<u>Beef Meatballs</u> Brown Rice Steamed Carrots & Peas Fruit of the Day	<u>Chicken & Potatoes</u> Steamed Rice Carrots Fruit of the Day
				Meals made without dairy, gluten, egg, soy, fish, shellfish, sesame, peanuts, tree nuts, or sunflower
				Dietary Restriction Form Needed Before Ordering

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact

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