

May (order 4/11-4/20)



Allergen Free Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1st	2nd
Meals made without dairy, gluten, egg, soy, fish, shellfish, sesame, peanuts, tree nuts, or sunflower			<u>Beef Meatballs</u> Brown Rice Steamed Carrots & Peas Fruit of the Day Corn Chips	<u>Chicken & Potatoes</u> Steamed Rice Baby Carrots Fruit of the Day
Dietary Restriction Form Needed Before Ordering				
5th	6th	7th	8th	9th
<u>Beef Scallion</u> Corn Chips Black Beans Carrots Fruit of the Day	<u>Chicken Sukkhar</u> Steamed Rice Steamed Green Beans Fruit of the Day	<u>Beef Fried Rice</u> Fresh Broccoli Fruit of the Day	<u>Spiced Rubbed Chicken Fillet</u> Brown Rice Baby Carrots Fruit of the Day	<u>Beef Taco Meat Over Rice</u> Brown Rice Black Beans & Corn Fruit of the Day Corn Chips
12th	13th	14th	15th	16th
<u>Chicken Supreme</u> Steamed Rice Steamed Green Beans Fruit of the Day	<u>Beef Nachos</u> Corn Chips Black Bean & Corn Fruit of the Day	<u>Marinated Chicken Fillet</u> Brown Rice Baby Carrots Fruit of the Day	<u>Chicken Pilaf</u> Broccoli Fruit of the Day	<u>Beef & Potatoes</u> Steamed Rice Steamed Peas Fruit of the Day
19th	20th	21st	22nd	23rd
<u>Chicken Fried Rice</u> Steamed Broccoli Fruit of the Day	<u>Beef & Broccoli</u> Brown Rice Steamed Corn Fruit of the Day	<u>Chicken Fajita w/Rice</u> Seasoned Chicken & Peppers Brown Rice Black Beans Fruit of the Day	<u>Beef Meatballs</u> Brown Rice Carrots & Peas Fruit of the Day Corn Chips	<u>Chicken & Potatoes</u> Steamed Rice Carrots Fruit of the Day
26th	27th	28th	29th	30th
NO SCHOOL NO MEALS SERVED	<u>Chicken Sukkhar</u> Steamed Rice Steamed Green Beans Fruit of the Day	<u>Beef Fried Rice</u> Fresh Broccoli Fruit of the Day	FIELD DAY NO LUNCH SERVED	<u>Beef Taco Meat Over Rice</u> Brown Rice Black Beans & Corn Fruit of the Day Corn Chips

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact

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