

September (Order 8/12-8/20)



Traditional Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st	2nd	3rd	4th	5th
	1st Day of School 6-8	1st Day of School K-5		
	<u>Chicken Nuggets</u> Steamed Mixed Veggies Fresh Oranges Whole Grain Dinner Roll Ketchup & Lime Mayo	<u>Top-n-Go Cheez Beef Taco</u> Cheez-Its Bag & Seasoned Beef Shredded Lettuce, Cheese, Mild Salsa Cheesy Refried Beans Banana	<u>Chicken Tender Wrap</u> Steamed Corn Watermelon Whole Grain Tortilla Shredded Lettuce, Cheese, Ranch	<u>Mini Cheese Pizza Triangles</u> Mixed Greens Salad & Dressing Fresh Cut Apples <i>*Same as Vegetarian*</i>
8th	9th	10th	11th	12th
<u>Roasted Chicken Drumstick</u> Mashed Potatoes Celery Sticks Fruit Cup Whole Grain Dinner Roll	<u>Brunch Lunch</u> Buttermilk Pancakes w/Syrup Colby Cheese Omelet Fresh Carrots & Dip Fresh Oranges <i>*Same as Vegetarian*</i>	<u>All Beef Hot Dog</u> Baked Beans Cucumbers Banana Baked Cheetos Ketchup	<u>Asian Chicken Noodle Bowl</u> Sesame Chicken on Mongolian Noodles Fresh Broccoli w/Dip Watermelon	<u>Pizza Crunchers</u> Cucumbers w/Dip Fresh Cut Apples <i>*Same as Vegetarian*</i>
15th	16th	17th	18th	19th
<u>Chicken Nuggets w/Mac & Cheese</u> Celery & Carrots Fruit Cup Ketchup	<u>Beef Pretzel Dog</u> Steamed Corn Fresh Oranges Cool Ranch Doritos Ketchup	<u>Chicken & Egg Fried Rice</u> Roasted Broccoli & Cauliflower Banana	<u>Softshell Beef Taco</u> Seasoned Beef & Whole Grain Tortilla Shredded Lettuce, Cheese, Mild Salsa Cheesy Refried Beans Watermelon	<u>Cheesy Lasagna</u> Chopped Italian Salad Fresh Cut Apples <i>*Same as Vegetarian*</i>
22nd	23rd	24th	25th	26th
<u>Chicken Patty Sandwich</u> Baked Beans Celery Sticks Fruit Cup Ketchup	<u>Brunch Lunch</u> French Toast Sticks w/Syrup Fresh Carrots, Cucumbers, & Dip Fresh Oranges <i>*Same as Vegetarian*</i>	<u>Roasted Sliced Beef on Flatbread</u> Sliced Beef, Lime Slaw, Swiss Cheese Steamed Corn Banana	<u>Sweet & Sour Chicken</u> Fresh Broccoli, Carrots, & Dip Watermelon Brown Rice	NO SCHOOL No Meals Served
29th	30th			
<u>Chicken Tenders</u> Fresh Carrots & Dip Fruit Cup Whole Grain Dinner Roll Ketchup	<u>Beef Cheeseburger</u> Potato Smiles Cucumbers & Dip Fresh Oranges Ketchup			

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried. Products are whole grain.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact

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