

September (Order 8/12-8/20)



Vegetarian Hot Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st	2nd	3rd	4th	5th
	1st Day of School 6-8	1st Day of School K-5		
	<u>Cheese Bites w/Italian Dip</u> Steamed Mixed Veggies Fresh Oranges	<u>Top-n-Go Egg Scramble Taco</u> Cheez-Its Bag & Scrambled Eggs Shredded Lettuce, Cheese, Mild Salsa Cheesy Refried Beans Banana	<u>Pizza Crunchers</u> Steamed Corn Watermelon	<u>Mini Cheese Pizza Triangles</u> Mixed Greens Salad & Dressing Fresh Cut Apples <i>*Same as Traditional*</i>
8th	9th	10th	11th	12th
<u>Cheese Breadsticks w/Italian Dip</u> Mashed Potatoes Celery Sticks Fruit Cup	<u>Brunch Lunch</u> Buttermilk Pancakes w/Syrup Colby Cheese Omelet Fresh Carrots & Dip Fresh Oranges <i>*Same as Traditional*</i>	<u>Three Cheese Corn Enchilada</u> Baked Beans Cucumbers Banana	<u>French Bread Pizza</u> Fresh Broccoli w/Dip Watermelon	<u>Pizza Crunchers</u> Cucumbers w/Dip Fresh Cut Apples <i>*Same as Traditional*</i>
15th	16th	17th	18th	19th
<u>Cheese Quesadilla</u> Celery & Carrots Fruit Cup	<u>Mac & Cheese Bites w/Ranch</u> Steamed Corn Fresh Oranges	<u>Pizza Egg Rolls</u> Roasted Broccoli & Cauliflower Banana	<u>Garden Nuggets w/Ketchup</u> Cheesy Refried Beans Watermelon Whole Grain Dinner Roll	<u>Cheesy Lasagna</u> Chopped Italian Salad Fresh Cut Apples <i>*Same as Traditional*</i>
22nd	23rd	24th	25th	26th
<u>Veggie Garden Burger</u> Baked Beans Celery Sticks Fruit Cup Ketchup	<u>Brunch Lunch</u> French Toast Sticks w/Syrup Fresh Carrots, Cucumbers, & Dip Fresh Oranges <i>*Same as Traditional*</i>	<u>Pizza Triangles</u> Steamed Corn Banana	<u>Rosy Ravioli</u> Fresh Broccoli, Carrots, & Dip Watermelon	NO SCHOOL No Meals Served
29th	30th			
<u>Pizza Crunchers</u> Fresh Carrots & Dip Fruit Cup	<u>French Bread Pizza</u> Potato Smiles Cucumbers & Dip Fresh Oranges			

MILK VARIETY SERVED AT EVERY MEAL, 1% and Chocolate

CKC Good Foods does not use any products that contain pork, peanuts, or peanut oil. Products are baked or steamed, never fried. Products are whole grain.

Menu Subject To Change

This institution is an equal opportunity provider

For lunch questions contact

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