## May/June



## **Vegetarian Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4th	5th	6th	7th	8th
WG French Toast Carrots & Celery Diced Pears Syrup Ranch	Veg Taco Crumbles Refried Beans WW Tortilla Shredded Cheddar Shredded Romaine Banana Taco Sauce	Roast Tofu w /Orange Sauce Fried Brown Rice Zucchini Broccoli Tropical Fruit	Bean & Cheese Burrito Potato Cubes WG Teabiscuit Grape Tomatoes Apple Ketchup	<b>Papa Johns Pizza</b> Regular Cheese or Gluten Free Fresh Vegetable Fruit
11th	12th	13th	14th	15th
Garden Burger Vegetarian Baked Beans WG Hamburger Bun American Cheese Slice Carrot Sticks Apple	Bean & Cheese Burrito  WG Teabiscuit  Broccoli  Banana  Ranch	Veg Chili Cheese Fries Potato Wedges WG Cookie Shredded Cheddar Pea Pods Apple	Cheese Stuffed Breadsticks Green Beans Sliced Iceberg & Romaine Diced Peaches Marinara Dipping Sauce Italian Dressing	<b>Papa Johns Pizza</b> Regular Cheese or Gluten Free Fresh Vegetable Fruit
18th	19th	20th	21st	22nd
Garden Burger WG Hamburger Bun Vegetarian Baked Beans Carrot Sticks Oranges BBQ Dipping Sauce Ranch	Hummus & Cheese Corn WG Hotdog Bun Cucumber Coins Banana Ketchup	Cheese Quesidillas Romaine Carrots Ranch Fruit Cup	WG Lasagna Roll Glazed Carrots WG Hotdog Bun Shredded Mozzarella Zucchini Pineapple	Papa Johns Pizza Regular Cheese or Gluten Free Fresh Vegetable Fruit
25th	26th	27th	28th	29th
NO SCHOOL	Cheese Quesadilla Cheese Sauce WG Corn Chips Shredded Romaine Lettuce Banana Salsa Ranch	Roast Tofu w/Orange Sauce  Vegetable Brown Rice  Zucchini  Chopped Romaine  Diced Pears  French Dressing	Garden Burger Potato Wedges WG Hamburger Bun American Cheese Slice Broccoli Mandarin Oranges Ketchup & Ranch	<b>Papa Johns Pizza</b> Regular Cheese or Gluten Free Fresh Vegetable Fruit
June 1st	June 2nd	June 3rd		
Hummus & Cheese WG Flatbread Cucumber Diced Tomatoes Diced Pears Sour Cream	Veg Taco Crumbles Seasoned Black Beans WW 8" Tortilla Shredded Cheddar Shredded Romaine Banana Taco Sauce	Garden Burger & Veg Gravy Loaded Mashed Potatoes WG Hamburger Bun Baby Carrots Fresh Cut Melon Ranch	Traditional Meal \$3.50 Gluten Free Meal \$4.00 Vegetarian Meal \$4.00 Chef Salad \$4.55 Garden Salad \$4.25 Taco Salad \$4.55 Extra slice of pizza \$1.00 Individual Milk \$.40	No lunches will be ordered if they are not paid for when the online system closes.  For lunch questions please contact the lunch program at:  952 -226-5945  or lunchprogram@aspenacademymn.org

MILK VARIETY SERVED AT EVERY MEAL,1% and Chocolate flavored